

Medical Alerts for Seniors

Shit happens. As careful as we can be there's always the unexpected. How will you get help? The risk of falling increases dramatically after 65 years. What if you're away from home? In the shower? Can't get up? Are unconscious? Are living alone?

Google shopping shows 24 medical alert devices. Some:

- contact others
- are just bracelets, no contact.
- some are necklaces, some bracelets.
- are waterproof
- are decorative jewelry

We go to [Consumersadvocate.org/medical-alerts/Top 10](http://Consumersadvocate.org/medical-alerts/Top-10)

- Top choice
- #10 choice
- #2 choice

What do they do?

- Some detect a fall
- Some phone a trained 24-hour operator
- Some communicate by land line requiring the base unit be plugged into the phone line
- Some by cell phone. Usually costs a bit more.
- Some will also cover the spouse if an extra button is purchased.
- BeClose installs sensors in the house: microwave, bed, bathroom, stairs. This is for adult children checking on their parents. Normal movement in the house will trip the sensors. If there is no activity in 24 hours the system will call caregivers for help. Something's not right.
See <http://www.kiplinger.com/article/retirement/T066-C000-S001-technology-helps-seniors-stay-at-home.html> for more information.

Some websites of interest on this subject:

- http://www.consumersadvocate.org/medical-alerts/best-medical-alerts?gclid=CjwKEAjwlsSoBRDoid2ihqnjllSJABZog9-H0BknFnaYtrxsDjiYfu6r0Jv2DbkLgcqnxRYW3wljBoCDrbw_wcB
- <http://www.agingcare.com/Articles/Buyers-Guide-for-Emergency-Response-Systems-134983.htm>
- <http://www.consumersadvocate.org/medical-alerts/c/bay-alarm-medical-review>
- <http://medicalalertsystemshq.com/blog/aarp-medical-alert-scam-targets-the-seniors-and-elderly.html>
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Rescue Alert pendant



Philips Lifeline medical alert system



Medical Alert wristband and pendant
Photo: Courtesy of Medical Alert



MobileHelp medical alert system
Photo: Courtesy of MobileHelp



Life Alert wristband